

Medical Packing List for Trips

Checked	Number	Item
		Paracetamol
		Antiseptic Cream
		Band Aids
		Sunscreen
		Insect Repellent
		Imodium (for upset stomachs)
		Probiotic (a non-refrigerated brand)
		Personal Medications (take a copy of your script)

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ⁱ You can add more rows by:

1. Placing curser in last row first column
2. Right click your mouse
3. Hover over "insert"
4. Click "insert rows below"